



Welcome Back Seaquam Families.

The Counselling Department is now ready to resume in person meetings with students starting Monday, September 21st. In an effort to meet safety requirements, the counselling team will be meeting students in larger office spaces throughout the building. These spaces will allow counsellors to conduct in person meetings, maintain student privacy and maintain physical distancing (6 feet/2 metres) measures for everyone's safety. Students and staff will be required to wear masks when participating in face-to-face meetings.

Students can also choose to meet with their counsellor through video conferencing (like Zoom or Google Meet) or by phone.

Students will be asked to pre-book appointments this year. Grade counsellors will communicate their appointment booking method with their students either by email or when they visit classes.

Once a student books an appointment with their counsellor, they will pick up a dismissal slip from the Main Office on the day of their appointment to give to their subject teacher.

Students are asked to book an appointment to see a counsellor, but students may request an immediate counsellor meeting when:

- there is an issue that cannot wait until the counsellor's next appointment.
- there is an urgent matter that requires immediate attention.

If students need to meet with a counsellor immediately, they should report to the Main Office. The office staff will check to see the availability of a counsellor or an administrator. All requests to see a counsellor will be treated with discretion by the Main Office staff.

This appointment process will be reviewed with students when counsellors visit classes in the next few weeks. Please do not hesitate to contact your child's grade counsellor or administrator if you have further questions or concerns.

2020-2021 Counselling Staff:

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