



Friday, January 8th, 2021

Dear Seaquam students and families,

Happy New Year! We hope that you and your family had a restful, healthy and safe Winter Break.

Prior to the Winter Break, our students and staff practiced the gift of giving by impacting many individuals and families in a positive way. Our school community created 17 hampers that were distributed to vulnerable families in our community and our Life Skills students created gift packages to the residents and staff at the Northcrest Care Centre. Both of these initiatives had a tremendous impact on the lives of others.

We are hopeful that 2021 will bring about more opportunities for us to get back to our ways of living prior to March 2020. To make this hope into a reality, we need to continue to practice all of the personal hygiene measures and community measures to keep us all safe. It is crucial that we continue to communicate if COVID-19 affects your family or the school in general. Please follow the [Provincial Restrictions](#) in our greater community as non-compliance of public safety orders will eventually negatively impact our school. We will continue to update our community when we are notified by Fraser Health.

The same spirit that enabled us to face the challenges of 2020 will enable us to do so again in the year ahead. Together, we will keep each other safe!

Thank you all for your tremendous efforts!

Upcoming events:

November 19 th to February 2 nd	Length of Quarter 2 classes
Friday, January 15 th	Earthquake Drill
Wednesday, January 20 th	Online session: Parents as Career and Education Coaches at 7pm Register here: https://rb.gy/mphdae
Friday, January 22 nd	Pro D Day
Monday, January 25 th	PAC Meeting
Monday, January 25 th	Numeracy Assessment 12:00pm – 3:00pm Theatre
Tuesday, January 26 th	Numeracy Assessment 12:00pm – 3:00pm Theatre
Friday, January 29 th	Literacy Assessment 12:00pm – 3:00pm Theatre
Monday, February 1 st	2021-22 Student Registration/Application process opens
Tuesday, February 2 nd	Final Day of Quarter 2 classes
Wednesday, February 3 rd	Transition Day
Thursday, February 4 th	Quarter 3 classes start
Thursday, February 11 th	Quarter 2 Report Cards published
Monday, February 15 th	Family Day
February 23 rd – March 5 th	Grad Photos

The following information will provide details on timely topics.

COVID- 19 Safety Protocols

As the number of positive cases of COVID 19 in the Lower Mainland are still high, we cannot stress enough that we, collectively and individually, need to follow all of the safety protocols as set by our Provincial Health Officer and Fraser Health:

- Complete the daily health check: <https://www.deltasd.bc.ca/wp-content/uploads/sites/2/2020/09/BCCDC-Daily-Health-Check-Sept-11-2020.pdf>
- Stay home if you are sick
- Maintain at least 2 metres from people outside of your bubble/cohort
- Wear masks
- Wash and sanitize your hands often
- Avoid gatherings that are beyond your immediate household
- Ensure your child knows they must not gather with other students before and after school

Contact numbers for Fraser Health for questions/advise specific to COVID and schools

*** Fraser Health COVID Hotline 604-918-7532**

*** COVID SCHOOL HUB Hotline 604-587-4769**

Informing the School of COVID-Related Health Issues

In the event that a family experiences testing protocols related to the COVID-19 virus, we are requesting that families contact an administrator first to inform us of the testing results. We would like to centralize this process in the collection of this information, so we can effectively follow up to keep our community safe. We will inform the teachers that your child will be absent.

We would request that families do not contact the school for advice on whether to send your child(ren) to school or not. Please conduct the Daily Health Check or call 811 for advice. Our office staff or administrators cannot provide advice on this topic.

To contact an administrator, please call the Main Office at 604-591-6166 or email the appropriate grade administrator.

Mr. R. Mesich (Grade 12) rmesich@deltasd.bc.ca

Mr. I. Close (Grades 8 & 10) iclose@deltasd.bc.ca

Mr. V. Nikic (Grades 9 & 11) vnikic@deltasd.bc.ca

Thank you in advance for your cooperation on this matter.

Families Reporting Student Absences

The office would like to remind families that if your child will be absent from school, please ensure the main office is contacted to excuse the absence in the system. Some families are contacting teachers directly. Unfortunately, teachers cannot excuse student absences in the system. Families can contact the school at 604-591-6166 to report an excused absence. Thank you for your cooperation on this matter.

Communication from Fraser Health

Fraser Health and Delta School District will continue to follow the process outlined in the [COVID-19 Exposure Flowchart](#) when dealing with reported cases of COVID-19. As part of this process, parents/guardians can expect to receive the following types of letters:

- **Early Notification Letter – Exposed** These letters will be sent to a specific class(es) where an individual who has tested positive was in attendance during their infectious period. Parents/guardians may still send their student to school after receiving these letters.
- **Early Notification Letter – Not Exposed** These letters will be sent to all other classes to indicate that students in these classes were not exposed at school. Parents/guardians may still send their student to school after receiving these letters.
- **Early Notification Letter – General** These letters will be sent to the entire school indicating that an exposure that was not attached to a specific class.
- **School Bulletin** – A school bulletin will be sent out to indicate that Fraser Health has completed their contact tracing process related to a specific exposure.
- **Self-Monitoring Letter** – These letters provide information to a specific individual(s) or class of students that they should be closely monitoring for symptoms as a result of a possible in-class exposure. Parents/guardians may still send their student to school after receiving these letters.
- **Self-Isolation Letter** – These letters direct individuals to self-isolate for a specific length of time. Students must ensure that they implement the prescribed instructions and students must remain self-isolated at home for the indicated duration of time.

Fraser Health Contact Tracing

Fraser Health will reach out to families directly if they think their child has come into close contact with someone who has tested positive for COVID-19, and will then ask them to take specific action, such as to go for a COVID test or to self-isolate. It is important that you answer phone calls, even if they are coming from an unknown number. This will greatly assist Fraser Health with its contact tracing process. If your student is contacted by Fraser Health, it is important that they speak openly with Fraser Health about their social interactions with others.

New Counsellor Added to Counselling Team

We are pleased to announce that Ms. K. Sharma has joined the Seaquam Counselling team to work with our grade 11 students. Welcome to Seaquam Ms. Sharma!

We will be reverting back to having a counsellor for each grade. Please see the grade assignments below.

Grade 8:	Mr. R. Rickey (rrickey@deltasd.bc.ca)
Grade 9:	Mr. J. Sall (jsall@deltasd.bc.ca)
Grade 10:	Ms. M. Costin (msalmon@deltasd.bc.ca)
Grade 11:	Ms. K. Sharma (ksharma@deltasd.bc.ca)
Grade 12:	Mr. H. Mian (hmian@deltasd.bc.ca)

End of Quarter Two & Transition Day

The final day of Quarter 2 is Tuesday, February 2nd with regular classes. Wednesday, February 3rd is a Transition Day.

The purpose of the Transition Day is:

- To provide opportunities for students to demonstrate evidence of learning
- Students may choose to attend to complete missing assignments or assessments
- An entire class may be called in to continue learning with an assessment or a project
- Some classes will be optional for students to attend

Unless a teacher has made a specific arrangement with a student, students who choose to attend are expected to arrive for either an 8:30am, 11:40am or 1:25pm start time. Teachers will be communicating with students how this day will be organized.

If you are concerned about your student's progress, please contact your child's teachers. Also, encourage your child to schedule time with their teacher(s) outside of regular class time so that they can receive the assistance they require.

2021-22 Student Registration

Starting on **Monday, February 1st**, the Delta School District is pleased to accept applications from families and students residing within and outside of the Delta School District. The district offers a wide range of learning programs for all students. Detailed information about the student registration process can be found on the [school district website](#).

Students who wish to submit a [Non-Catchment](#) or [Non-District Application Form](#) to attend Seaquam Secondary may do so beginning **Monday, February 1st**. **Please note:** This year, due to the pandemic, **applications will be accepted online only**. In-person applications will not be accepted. The application forms will be available on the district website as of 8:30am on Monday, February 1st. Applications received prior to Friday, March 5th will receive higher priority.

Family Requests for Remote Learning

Over the past few weeks, we have been getting requests from families to remove their children from face-to-face classes and have their children's teacher provide a remote learning option.

Early in the school year, families were notified that teachers were not able to provide both face-to-face and remote learning options. Families needed to choose either to have their children attend school or complete their course work through an online program, like Delta Access. Families can move to an online program at this point of the school year, if they wish. It is the family's responsibility to investigate online options.

(<https://www.deltasd.bc.ca/programs/delta-access/>). As grade 8 and 9 students have been organized in Learning Cohorts for the entire year, we cannot make changes to a student's schedule to accommodate students who take online classes.

Please do not contact Seaquam teachers to request a remote learning option. If you have questions concerning your child's education options, please contact your child's Counsellor or Administrator.

Graduation Scholarships and Post-Secondary Applications

Ms. Gehiere would like to remind grade 12 students to regularly check their deltalearns email accounts for regular updates and deadlines for scholarships and post-secondary applications. Please email Ms. Gehiere (jgehiere@deltasd.bc.ca) if students have questions.

Grad Photo Sessions

Artona Studios will be providing sessions for students to have their Grad Photos taken between February 23rd to March 5th, 2021. Students will be required to schedule a photo session by visiting the Artona Studios website <https://artona.com/schools/SEAQ/programs/graduation>

Artona will be conducting the photo sessions at Seaquam.

Delta Careers Programs



Delta School District offers 3 different Career Programs that offer students the chance to gain skills, knowledge, and attitudes needed to be successful in the workplace.

Benefits

Explore career opportunities | **Gain** valuable work experience | **Develop** skills and attitudes for the workplace | **Transition** from school to work or post-secondary education | **Receive** personal references | **Develop** confidence and self-reliance | **Earn** four graduation credits per course

<p>WORK</p> <p>EXPERIENCE</p> <p>WORK EXPERIENCE is a program for Grade 11 or 12 students that prepares students for the transition from school to the workplace by integrating classroom preparation with practical experience.</p> <p>4-8 graduation credits</p>	<p>ita YOUTH</p> <p>WORK</p> <p>IN TRADES</p> <p>WORK IN TRADES is a paid apprenticeship program under the supervision of a certified tradesperson. The student receives high school credits along the way.</p> <p>Grades 10-12</p> <p>4-16 graduation credits</p>	<p>ita YOUTH</p> <p>TRAIN</p> <p>IN TRADES</p> <p>TRAIN IN TRADES is a dual credit program for Grades 11 and 12. Receive elective credits, post-secondary credits, and Industry Training Authority (ITA) apprenticeship training. Your tuition is paid by the school district for partnership programs.</p> <p>8-24 graduation credits</p>
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See the website for more information.

www.deltalearns.ca/careers

International Student Host Family Opportunity



**do
something
great** 

Welcome an international student into your home.

- Be a Canadian ambassador and global citizen
- Have a lifelong impact on a child from across the world
- Earn \$950 per month per student to cover costs
- Choose from hosting for 2 weeks to 5 months or longer
- Benefit from our team's support

Contact us to find out more!

 +1 604 952 5366

 homestay@GoDelta.ca

homestay.deltasd.bc.ca

Student Learning Survey

As part of an annual feedback process, the Ministry of Education, in conjunction with the Delta School District, conducts the *Student Learning Survey* for students in grades 10 and 12. This survey will provide students with an opportunity to evaluate their experience at Seaquam.

More information about the surveys will be shared with students and their families in the coming weeks.

The Middle Years Development Instrument (MDI) Survey

Grade 8 families will be receiving information about the Middle Years Development Instrument (MDI) survey which is a part of a study through the University of British Columbia on the wellbeing of our students. For more information on the study, please see the link below:

<http://earlylearning.ubc.ca/mdi/>

If your child is currently in grade 8, they will have the opportunity to complete this survey on March 2nd or 3rd. Parents/guardians of grade 8 students will need to complete the form attached to their “Parent/Guardian Informed Passive Consent Letter” if they do not want their child to be involved in this study.

Return to Sport

The Seaquam Athletics Program will be offering athletic opportunities for students starting in the coming weeks. Mr. Brown, Athletic Director, is currently working through the safety protocols with coaches before inviting athletes into our facilities. Mr. Brown is currently organizing opportunities for students interested in playing Volleyball. More athletic opportunities will be available as we move forward in the school year.

If you have questions about our Athletic Program, please contact Mr. Brown by email at ebrown@deltasd.bc.ca.

Mental Wellness Resources

As we move through our school year, many students are struggling with our current environment that is new, fluid and unpredictable. As a school, we planned to implement Dr. Stan Kucher's Teen Mental Health curriculum last year after Spring Break, but due to the pandemic, we were not able to move forward with the curriculum. Some staff are currently incorporating aspects of the curriculum into their classes. We will re-launch the entire curriculum in the future.

Part of Dr. Kucher's curriculum includes a Parent Guide. Please see the link below to access the resource, "How to Parent My Teen".

<http://teenmentalhealth.org/wp-content/uploads/2014/07/How-do-I-parent-my-teen.pdf>

The complete parent resource section of the curriculum can be accessed in the link below.

<https://teenmentalhealth.org/parents/>

The entire Mental Health Curriculum can be accessed in the link below.

<https://teenmentalhealth.org/>

Crisis Hotlines

- [BC CRISIS CENTRE](#) – 1-800-784-2433 or 310-6789 no area code needed
- [CRISIS SERVICES CANADA](#) – 1-833-456-4566 or text 45645
- [First Nations and Inuit Hope for Wellness Help Line](#) – 1-855-242-3310
- [Canada Drug Rehab Addiction Services Directory](#) – 1-877-746-1963
- [National Eating Disorder Information Centre](#) – 1-866-633-4220

Resources

- [Bell Let's Talk](#)
- [Canadian Association for Suicide Prevention](#) – 613-702-4446 (not a crisis line)
- [Canadian Mental Health Association](#) – 416-646-5557
- [Canadian Psychological Association](#) – 613-237-2144 or 1-888-472-0657
- [Mood Disorders Society of Canada](#) – 613-921-5565
- [Schizophrenia Society of Canada](#) – 1-204-320-3188
- [Mental Health Commission](#) – 613-683-3755

Homework Club

The Homework Club provides students access to extra support for their classes. Homework Club can support students in person or through a Zoom meeting with Ms. Hudon and/or Ms. Duhamel, Educational Assistants.

Please see the link below for more information.

<https://se.deltasd.bc.ca/news-events/news/after-school-homework-club/>

Collaboration Mornings (Wednesday Schedule)

Every Wednesday in our Quarter schedule there is Collaboration Time for staff to engage in collaborative professional learning from 8:30am-9:30am. **Please do not drop students off early.** We ask that students arrive to school no earlier than 9:25am as the first session classes start at 9:40am. The link below provides you with the Quarter weekly schedule.

<https://se.deltasd.bc.ca/wp-content/uploads/sites/36/2020/09/SECONDARY-QUARTER-SCHEDULING-Full-Extended-Day-Option.pdf>

If you require support or are seeking answers, please contact teachers, counsellors, administrators or the Main Office. We are here to help families and students.

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