



Friday, February 12th, 2021

Dear Seaquam students and families,

Report Cards were posted last night for families to be informed about their child's final marks in Quarter and Semester classes, in addition, updated student progress for Linear classes. We ask that families reach out to the subject teacher or the Counsellor if there are concerns over the marks provided in the Report Card.

Over the course of this past week, we hosted course planning sessions by grade for families to obtain information on the Course Planning Process, Graduation requirements, post-secondary options and resources to help you make the best decisions when selecting courses for the 2021-22 school year. Students will be entering their courses through the Student Portal in MyEd and the system will be open to complete this process between February 22nd and March 5th. This process is not based on a "first come, first serve" model, so we ask students and families to take a mindful approach when selecting courses as the timetable for next year is based on the course selections made now.

Families who were not able to attend the online meetings can access the presentations on the Seaquam website where there are several resources available for students to help them make their course selections. The link below takes you directly to the Course Planning section on the Seaquam website.

<https://se.deltasd.bc.ca/registration-course-planning/course-planning/>

As we mentioned in our presentations, we encourage families to reach out to the appropriate grade Counsellor or Administrator if there are questions about the process.

We hope you all have a wonderful Family Day long weekend!

Upcoming events:

February 4 th to April 22 nd	Length of Quarter 3 classes
Monday, February 15 th	Family Day
February 16 th - February 19 th	IB French Oral Exams
February 17 th – February 18 th	MDI Survey for Grade 8 students
Friday, February 19 th	Fire Drill
Monday, February 22 nd	Course Selection Opens in MyEd
Friday, February 26 th	Pro D Day
February 23 rd – March 5 th	Grad Photos
Monday, March 1 st	PAC Meeting
March 1 st -March 2 nd	IB Spanish Oral Exams
Tuesday, March 2 nd	Fire Drill
Thursday, March 4 th	Formal Quarter Interim; Informal Semester Interims
Friday, March 5 th	Course Selection Closes in MyEd
March 15 th – March 26 th	Spring Break

The following information will provide details on timely topics.

COVID- 19 Safety Protocols

As the number of positive cases of COVID 19 in the Lower Mainland are still high, we cannot stress enough that we, collectively and individually, need to follow all of the safety protocols as set by our Provincial Health Officer and Fraser Health:

- Complete the daily health check: <https://www.deltasd.bc.ca/wp-content/uploads/sites/2/2020/09/BCCDC-Daily-Health-Check-Sept-11-2020.pdf>
- Stay home if you are sick
- Maintain at least 2 metres from people outside of your bubble/cohort
- Wear masks all the time except when seated in your classroom at your seat, when eating/drinking or when a barrier is present. At all other times students must wear masks
- Wash and sanitize your hands often
- Avoid gatherings that are beyond your immediate household
- Ensure your child knows they must not gather with other students before and after school

Contact numbers for Fraser Health for questions/advise specific to COVID and schools

*** Fraser Health COVID Hotline 604-918-7532**

*** COVID SCHOOL HUB Hotline 604-587-4769**

Informing the School of COVID-Related Health Issues

In the event that a family experiences testing protocols related to the COVID-19 virus, we are requesting that families contact an administrator first to inform us of the testing results. We would like to centralize this process in the collection of this information, so we can effectively follow up to keep our community safe. We will inform the teachers that your child will be absent.

We would request that families do not contact the school for advice on whether to send your child(ren) to school or not. Please conduct the Daily Health Check or call 811 for advice. Our office staff or administrators cannot provide advice on this topic.

To contact an administrator, please call the Main Office at 604-591-6166 or email the appropriate grade administrator.

Mr. R. Mesich (Grade 12) rmesich@deltasd.bc.ca

Mr. I. Close (Grades 8 & 10) iclose@deltasd.bc.ca

Mr. V. Nikic (Grades 9 & 11) vnikic@deltasd.bc.ca

Thank you in advance for your cooperation on this matter.

Fraser Health Winter Update and Resources for Families

Recently, Fraser Health shared a brief update on how we can all help to prevent the spread of COVID-19 in schools. We encourage you to take a read: [click here](#) to view it. Also, a reminder that the Fraser Health website offers a wealth of valuable resources for families. [Click here](#) to access them.

Family Day

Family Day is on Monday, February 15. We encourage all families to continue to follow the [public health orders](#). Currently, this means you should limit your Family Day activities to the members of your immediate household. Please do not:

- Invite friends or family to your home
- Host gatherings outdoors
- Gather in your backyard
- Arrange playdates for children

Many thanks for continuing to help keep our community safe.

Delta Career Programs

The district offers a variety of programs for students to discover their passions in a variety of fields that count towards their graduation requirements. Please see the links below to learn more about these programs and how students can access them.

<https://www.deltasd.bc.ca/news-events/news/career-program-options-for-delta-students/>

<https://se.deltasd.bc.ca/programs-courses/career-programs/>

Seaquam Grade 10 Student Wins Canadian Open Math Challenge

Seaquam student, Vincent Chung, was recognized for the Canadian Open Math Challenge where he was named **Canadian Champion** by scoring a perfect paper 80/80 - an unheard of accomplishment! Vincent beat out competitors in grades 11 and 12.

Vincent's accomplishments were featured in articles in the North Delta Reporter and The Optimist. See the links below to access the articles on Vincent.

<https://www.delta-optimist.com/local-news/math-student-aces-national-competition-3355596>

<https://www.northdeltareporter.com/community/perfect-score-earns-north-delta-student-top-marks-at-national-math-competition/>

Grad Information:

UBC Engineering Physics Program Information Session

Those graduating students interested in Engineering at UBC can attend an information session on Tuesday, February 23rd, from 6:30 pm to 8:30 pm.

Engineering Physics is a broad engineering degree with extra emphasis on physics and math. In addition to core engineering skills (mechanical, electrical, software), engineering physicists are equipped with a deep understanding of fundamental science and analytical methods to tackle challenges at the forefront of any field, from biotechnology and medicine to quantum computing, artificial intelligence, and aerospace.

Students interested in attending this information session need to register through the link below.

Registration link: https://ubc.ca1.qualtrics.com/jfe/form/SV_0iZHp03EdnyOqQm

Graduation Scholarships and Post-Secondary Applications

Ms. Gehiere would like to remind grade 12 students to regularly check their deltalearns email accounts for updates and deadlines for scholarships and post-secondary applications. Please email Ms. Gehiere (jgehiere@deltasd.bc.ca) if students have questions.

Grad Photo Sessions

Artona Studios will be providing sessions for students to have their Grad Photos taken between February 23rd to March 5th, 2021. Students will be required to schedule a photo session by visiting the Artona Studios website <https://artona.com/schools/SEAQ/programs/graduation>

Student Learning Survey

As part of an annual feedback process, the Ministry of Education, in conjunction with the Delta School District, conducts the Student Learning Survey for students in grades 10 and 12. This survey will provide students with an opportunity to evaluate their experience at Seaquam. More information about the surveys will be shared with students and their families in the coming weeks.

The Middle Years Development Instrument (MDI) Survey

Grade 8 families will be receiving information about the Middle Years Development Instrument (MDI) survey which is a part of a study through the University of British Columbia on the wellbeing of our students. For more information on the study, please see the link below:

<http://earlylearning.ubc.ca/mdi/>

If your child is currently in grade 8, they will have the opportunity to complete this survey on February 17th or 18th. Parents/guardians of grade 8 students will need to complete the form attached to their “Parent/Guardian Informed Passive Consent Letter” if they do not want their child to be involved in this study.

Families Reporting Student Absences

The office would like to remind families that if your child will be absent from school, please ensure the main office is contacted to excuse the absence in the system. Some families are contacting teachers directly. Unfortunately, teachers cannot excuse student absences in the system. Families can contact the school at 604-591-6166 to report an excused absence. Thank you for your cooperation on this matter.

New Attendance Indicator

Student attendance will continue to be viewable in Parent Connect and families will receive emails if their child has an unexcused absence. A new attendance indicator has been created for students who are enrolled in a hybrid class. The letter "O" (Off-Site) will be used to indicate that a student was not in class for face-to-face instruction due to the hybrid class rotation of students. If you have any questions regarding attendance, please contact the Seaquam office at 604-591-6166.

Counselling Team

The counselling team is available to support all Seaquam students and their families. Please email your child's Counsellor if you need their support.

Grade 8: Mr. R. Rickey (rrickey@deltasd.bc.ca)
Grade 9: Mr. J. Sall (jsall@deltasd.bc.ca)
Grade 10: Ms. M. Costin (msalmon@deltasd.bc.ca)
Grade 11: Ms. K. Sharma (ksharma@deltasd.bc.ca)
Grade 12: Mr. H. Mian (hmian@deltasd.bc.ca)

Mental Wellness Resources

As we move through our school year, many students are struggling with our current environment that is new, fluid and unpredictable. As a school, we planned to implement Dr. Stan Kucher's Teen Mental Health curriculum last year after Spring Break, but due to the pandemic, we were not able to move forward with the curriculum. Some staff are currently incorporating aspects of the curriculum into their classes. We will re-launch the entire curriculum in the future.

Part of Dr. Kucher's curriculum includes a Parent Guide. Please see the link below to access the resource, "How to Parent My Teen".

<http://teenmentalhealth.org/wp-content/uploads/2014/07/How-do-I-parent-my-teen.pdf>

The complete parent resource section of the curriculum can be accessed in the link below.

<https://teenmentalhealth.org/parents/>

The entire Mental Health Curriculum can be accessed in the link below.

<https://teenmentalhealth.org/>

Crisis Hotlines

- [BC CRISIS CENTRE](#) – 1-800-784-2433 or 310-6789 no area code needed
- [CRISIS SERVICES CANADA](#) – 1-833-456-4566 or text 45645
- [First Nations and Inuit Hope for Wellness Help Line](#) – 1-855-242-3310
- [Canada Drug Rehab Addiction Services Directory](#) – 1-877-746-1963
- [National Eating Disorder Information Centre](#) – 1-866-633-4220

Resources

- [Bell Let's Talk](#)
- [Canadian Association for Suicide Prevention](#) – 613-702-4446 (not a crisis line)
- [Canadian Mental Health Association](#) – 416-646-5557
- [Canadian Psychological Association](#) – 613-237-2144 or 1-888-472-0657
- [Mood Disorders Society of Canada](#) – 613-921-5565
- [Schizophrenia Society of Canada](#) – 1-204-320-3188
- [Mental Health Commission](#) – 613-683-3755

Homework Club

The Homework Club provides students access to extra support for their classes. Homework Club can support students in person or through a Zoom meeting with Ms. Hudon and/or Ms. Duhamel, Educational Assistants.

Please see the link below for more information.

<https://se.deltasd.bc.ca/news-events/news/after-school-homework-club/>

If you require support or are seeking answers, please contact teachers, counsellors, administrators or the Main Office. We are here to help families and students.

Rick Mesich
Principal
rmesich@deltasd.bc.ca

Ian Close
Vice Principal
iclose@deltasd.bc.ca

Vlad Nikic
Vice Principal
vnikic@deltasd.bc.ca