



Friday, May 28th, 2021

Dear Seaquam students and families,

Entering the final week of May, we are down to the final four weeks of our 2020 – 2021 school year and students and staff are working hard to get to the finish line. Please continue to encourage your child(ren) to keep up their learning, stay engaged, utilize the Flexible Learning Time to support their learning and enjoy the last four weeks of school before we break for summer.

This weekend we will be having our Commencement Production Event where our grade 12 students will be honoured for their accomplishments at Seaquam over the past 5 years. I want to congratulate the Grads and their families for this special occasion.

We will be opening in September 2021 in Stage 1 of the Provincial COVID-19 Health Safety Guidelines for K-12 Settings and we will be adopting a Semester schedule. This will allow us to pivot from Stage 1 to Stage 2, if need be. On Monday, May 31st families will receive a separate email that will announce the 2021-22 School Calendar and Bell Schedule for next year.

Midterm Report Cards were posted on MyEd and Parent Connect on Thursday night. If you have any questions or concerns, please reach out to your student's teachers via email.

Thank you all for the efforts up until now and your patience through this unprecedented time. Let's continue to meet and exceed the safety standards until we can all be safe.

Please keep yourself informed on the latest information.

Stay safe and be well.

Upcoming events:

April 26th to June 23rd

Thursday, May 27th

Saturday, May 29th & 30th

Thursday, June 17th

Wednesday, June 23rd

Thursday, June 24th

Friday, June 25th

Tuesday, June 29th

Length of Quarter 4 classes

Quarter 4 Mid Term Report Cards Published

Grad Production Event

Children of the Streets Webinar (see below)

Last Day of Quarter 4 In-person Instruction

Transition/"I-Day" (no classes in-session)

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Quarter 4 Final Report Cards on MyED/Connect

The following information will provide details on timely topics.

COVID Update:

On May 25th, the Provincial Government launched a restart plan to safely bring people back together. Learn more here: <https://news.gov.bc.ca/releases/2021PREM0037-001008>

This is extremely welcome news, but to help keep COVID-19 cases low, we must all continue to follow the recommendations from the PHO.

A quick reminder that Fraser Health and the Provincial Health Officer set the protocols for us to follow as a school. Please keep yourself up to date. Changes are constantly happening depending on the information that they have. Keep safe and well.

Collection Sample Kits in Schools

Recently, our school received collection sample kits to help make testing for COVID-19 easier and faster for students and their families. The kits come with detailed instructions for parents on how to collect the sample. Samples are to be taken at home and dropped off at a Life Labs location within 24 hours, not at the school.

The collection sample kits will be given to any student that starts to exhibit COVID-19 symptoms while at school, if the parent/guardian wants one. We recognize that not all parents will be able to drop off a kit at a Life Labs location in a timely manner, or some parents may prefer to take their child to a testing location.

All parents are encouraged to continue to monitor their children daily for COVID-19-like symptoms using the [Daily Health Check](#), and to keep them home if they show signs of illness.

Reporting and Assessment:

Quarter 4 mid-term report cards were released to families on Thursday, May 27th. Report Cards are viewable on students MyEd portal and Parent Connect. If you are unable to view your child's report card, please contact the school for assistance on how to access the report card. If you have any concerns about your student's progress, please contact the teacher directly via email. A reminder that students have the opportunity for support and assistance every day from 1:15pm – 2:45pm during Flexible Learning Time.

Also, Ms. Duhamel and Ms. Hudon provide support from 3:00-4:15pm Monday to Thursday in the Homework Club.

Food Hampers for Vulnerable Families

Congratulations to Seaquam students, Aditi and Anika Kini, who secured a grant to create 10 Food Hampers that include \$100 in food and a \$25 Gift Certificate. Aditi and Anika secured the grant through the Youth Leadership Society of BC. Thank you Aditi and Anika for your display of compassion and making a positive impact on the lives of others.

Seaquam Student Wins Gold at National Science Fair Competition

Congratulations to Hassan Ahmad, grade 9 student, who won a Gold Medal for his entry into the National Science Fair Competition. You can find the link to his award winning invention below:

<https://projectboard.world/ysc/project/smart-sight-a-vision-of-hope-pyyzg?rc=c396fec1-8b03-4c0f-92c3-278c39a3b73f>

Congratulations Hassan! The Seaquam community is extremely proud of your accomplishment.

Staff Email Transition to Microsoft Outlook:

The Delta School District is moving all staff to Microsoft Outlook and Teams. This process has now been completed at Seaquam Secondary. The District's move to Microsoft should have minimal impact on families, but you will start to see a different ending to staff's email addresses – going forward, staff email addresses will end with @deltaschools.ca. The structure of the front part of the email address is exactly the same, i.e., first initial last name – rmesich@deltaschools.ca

If you send something to @deltasd.bc.ca it will be forwarded to the @deltaschools.ca mailbox. This forwarding will last until the end of our current school year. Students will not be affected at all as Delta is keeping Google and @deltalearns.ca as the primary platform for students.

Children of the Streets Live Webinar – June 17th 10:30am

Keeping Kids Safe Online

Kids today are spending more time online than ever before. Sexual exploiters know this and are taking advantage of this situation.

That is why, on June 17th at 10:30am – 11:30am (PST), we're inviting parents and caregivers to join us at our live webinar on how to keep kids safe online.

[Jillian Harris](#) and Courtney Liem will be hosting this one-hour presentation that will provide tools to help you navigate apps and social media, and to recognize the warning signs of online sexual exploitation.

This webinar will also include opportunities for Q&A, a live discussion, and fabulous door-prizes!

Tickets are \$15 per person. Register now.

All proceeds raised will go to support [Children of the Street](#) in its work to keep kids safe from sexual exploitation.

Summer Learning in the Classroom is Back



The Delta School District is once again offering a variety of courses for students residing in Delta in grades 8 to 12 this summer. To view what's available please go to our Summer Learning Landing page here:

<https://www.deltasd.bc.ca/programs/continuing-education/summer-school-registration/>

City of Delta Transportation for Immunizations

The City of Delta is offering free transportation to immunization clinics for students and their families. The city has three 7 seater buses that can pick them up from school or home curbside to and from the Ladner or North Delta vaccine clinics once they have registered and received confirmation they are eligible to book a vaccination appointment. Any student over the age of 12 can register.

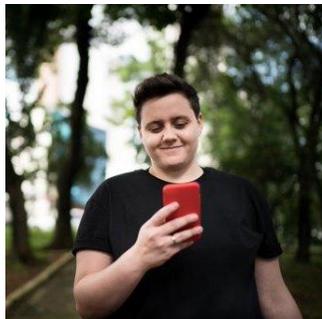
Students/families can register online here: <https://www2.gov.bc.ca/gov/content/covid-19/vaccine/register>

COVID-19 safety protocols are in place including mandatory masks while on the bus, health screenings and routine cleaning. All rides are booked on a first come, first served basis. For more information, students/families can call 604-597-4876, Monday to Sunday, 9am to 3:30pm.

Foundry BC Virtual App

The Province of BC announced the launch of the Foundry BC app, which offers young people aged 12 to 24 and their caregivers access to integrated health and wellness services. Visit the Foundry Virtual BC web page to download the app or to access the web portal online.

<https://foundrybc.ca/virtual/>



Foundry Virtual BC - Foundry BC App

Support that meets you where you are. Access our virtual services through the new Foundry BC app — co-created with and for youth and their caregivers in British Columbia.

Delta Visioning 2030

In the coming weeks, there will be opportunities for families and students to participate in the Visioning 2030 process.

Parent Survey – May 13 – June 15 <https://www.deltasd.bc.ca/vision-2030-parent-guardian-survey>

Student Survey – May 25 – June 8 <https://wsurveys.com/DeltaVision2030Student/>

There may be other opportunities over the month of May and June. Updates will be communicated to our community once they are released.

Students in Isolation

If your child is placed in isolation by Fraser Health, please do the following:

- Contact the school and let us know how long your child will be absent from school, the date of the positive test result (only if your child tests positive to a COVID test) and what day they will be returning to school.
- You or your child should contact the teachers via email and let them know.
- Also check their Google Classrooms for work and learning they can do while they are absent.

COVID- 19 Safety Protocols

As the number of positive cases of COVID 19 in the Lower Mainland are still high, we cannot stress enough that we, collectively and individually, need to follow all of the safety protocols as set by our Provincial Health Officer and Fraser Health:

- Complete the daily health check: <https://se.deltasd.bc.ca/news-events/covid-19/>
- Stay home if you are sick
- Maintain at least 2 metres from people outside of your bubble/cohort
- Wear masks all the time except when seated in your classroom at your seat, when eating/drinking or when a barrier is present. At all other times students must wear masks
- Wash and sanitize your hands often
- Avoid gatherings that are beyond your immediate household
- Ensure your child knows they must not gather with other students before and after school

Contact numbers for Fraser Health for questions/advise specific to COVID and schools

*** Fraser Health COVID Hotline 604-918-7532**

*** COVID SCHOOL HUB Hotline 604-587-4769**

Informing the School of COVID-Related Health Issues

In the event that a family experiences testing protocols related to the COVID-19 virus, we are requesting that families contact an administrator first to inform us of the testing results. We would like to centralize this process in the collection of this information, so we can effectively follow up to keep our community safe. We will inform the teachers that your child will be absent.

We would request that families do not contact the school for advice on whether to send your child(ren) to school or not. Please conduct the Daily Health Check or call 811 for advice. Our office staff or administrators cannot provide advice on this topic.

To contact an administrator, please call the Main Office at 604-591-6166 or email the appropriate grade administrator.

Mr. R. Mesich (Grade 12) rmesich@deltaschools.ca

Mr. I. Close (Grades 8 & 10) iclose@deltaschools.ca

Mr. V. Nikic (Grades 9 & 11) vnikic@deltaschools.ca

Thank you in advance for your cooperation on this matter.

Overdose Alert

There continues to be increased reports of overdose across the Fraser Health Region. No particular substance has been identified. Some of these events are suspected to be substances contaminated with benzodiazepines. Please see the link below to access a poster from Fraser Health for more information.

https://mcusercontent.com/260cf4948337d63970187334e/files/23ced90b-4bca-44a1-ab6f-10899f79dd47/OVERDOSE_ALERT_FH_Wide_April_28_2021.pdf

Year End Schedule

The last day of formal classes in June will be Wednesday, June 23rd. The following two days, Thursday, June 24th and Friday, June 25th, will be Flexible Learning Days where students can make up missed assignments or assessments from the Quarter. The final Report Card for Quarter 4 will be published by Tuesday, June 29th.

Families Reporting Student Absences

The office would like to remind families that if your child will be absent from school, please ensure the main office is contacted to excuse the absence in the system. Some families are contacting teachers directly. Unfortunately, teachers cannot excuse student absences in the system. Families can contact the school at 604-591-6166 to report an excused absence. Thank you for your cooperation on this matter.

Summer Volunteer Opportunity



SUMMER 2021
VOLUNTEER OPPORTUNITIES
with COUGAR CREEK STREAMKEEPERS

**Make this your summer of
OUTDOOR ECO-VOLUNTEERING!**

Go to www.cougarcreekstreamkeepers.ca
to subscribe to our email list & receive notices of
volunteer stewardship opportunities

Give yourself & North Delta's environment the gift of better health ☺

COVID PRECAUTIONS AT STREAMKEEPER EVENTS
THERE'S PLENTY OF SPACE for distancing in the great outdoors
PLEASE "MASK UP" for orientation & when walking or working in close proximity
PLEASE BRING your own water bottle, snack & WORK GLOVES if you have them
TOOLS & old-but-laundered work gloves will be available as needed at events

Counselling Team

The vacancy of our grade 11 Counselling position has forced us to adjust service to our grade 11 students until we complete the hiring process. The grade 11 students will be divided amongst the Counselling Team alphabetically. We ask students and families to connect with the Counsellor indicated below.

- Grade 8: Ms. L. Masse (lmasse@deltaschools.ca)
Grade 9: Mr. J. Sall (jsall@deltaschools.ca)
Grade 10: Ms. M. Costin (msalmon@deltaschools.ca)
Grade 12: Mr. H. Mian (hmian@deltaschools.ca)

Grade 11 counselling support:

A - HEWSTON- Mr. Mian

HILL-KULAR – Ms. Costin

L - SECORD - Mr. Sall

SEKHON - Z - Ms. Costin

Please email your child's Counsellor if you need their support.

Mental Wellness Resources

As we move through our school year, many students are struggling with our current environment that is new, fluid and unpredictable. As a school, we planned to implement Dr. Stan Kucher's Teen Mental Health curriculum last year after Spring Break, but due to the pandemic, we were not able to move forward with the curriculum. Some staff are currently incorporating aspects of the curriculum into their classes. We will re-launch the entire curriculum in the future.

Part of Dr. Kucher's curriculum includes a Parent Guide. Please see the link below to access the resource, "How to Parent My Teen".

<http://teenmentalhealth.org/wp-content/uploads/2014/07/How-do-I-parent-my-teen.pdf>

The complete parent resource section of the curriculum can be accessed in the link below.

<https://teenmentalhealth.org/parents/>

The entire Mental Health Curriculum can be accessed in the link below.

<https://teenmentalhealth.org/>

Crisis Hotlines

- [BC CRISIS CENTRE](#) – 1-800-784-2433 or 310-6789 no area code needed
- [CRISIS SERVICES CANADA](#) – 1-833-456-4566 or text 45645
- [First Nations and Inuit Hope for Wellness Help Line](#) – 1-855-242-3310
- [Canada Drug Rehab Addiction Services Directory](#) – 1-877-746-1963
- [National Eating Disorder Information Centre](#) – 1-866-633-4220

Resources

- [Bell Let's Talk](#)
- [Canadian Association for Suicide Prevention](#) – 613-702-4446 (not a crisis line)
- [Canadian Mental Health Association](#) – 416-646-5557
- [Canadian Psychological Association](#) – 613-237-2144 or 1-888-472-0657
- [Mood Disorders Society of Canada](#) – 613-921-5565
- [Schizophrenia Society of Canada](#) – 1-204-320-3188
- [Mental Health Commission](#) – 613-683-3755

Take care and remember we are here to help in any way we can.

Sincerely,

Rick Mesich
Principal
rmesich@deltaschools.ca

Ian Close
Vice Principal
iclose@deltaschools.ca

Vlad Nikic
Vice Principal
vnikic@deltaschools.ca