



November 18, 2022

Dear Families and Students,

The number of staff and students away from school due to illness is increasing. Please do your best to protect yourself and those around you. See more details below.

Report Cards will come out next week on November 24. They will show a midterm term mark for Semester 1 courses, a final mark for quarter classes (ADST 8 and Fine Arts 8), and a Term 1 mark for linear classes (IB courses, Careers, Theatre, etc). If you have any questions about your student's progress, please connect directly with the teachers.

This week the Senior Girls Volleyball team won the South Fraser Valley conference. They beat South Delta (#1 Provincially ranked) 3-1. They are going to the Provincials in Kelowna from Dec 1-3. The Senior Boys lost to Delta Secondary in the  $\frac{3}{4}$  game and 5th in the South Fraser Valley conference. Unfortunately, they did not make Provincials. They had a great season. The Senior Boys Football team is in playoffs and will play Vancouver College at Van College on Saturday at 1pm. Next week, the Senior Boys Soccer team is in Provincials (see Athletics section for game times) at Burnaby Lakes Sports Complex. Well done teams.

Take care, stay healthy and have a great weekend.

If we all do our bit then that will not only help ourselves but also our community. There are a few key items to keep in mind as the cooler weather and more indoor activities take place:

- Get vaccinated for COVID and the Flu
- Stay home when sick
- Wear a mask if you are coughing or feeling ill
- Avoid long face to face non-mask exposures with others
- Seek a COVID test as soon as possible after mild symptoms occur. If you need any test kits we have lots at the school. Ask your student to come by and get some.
- For medical advice call 811 or see your doctor
- Wash and sanitize your hands often

**If your student is sick (any illness including COVID) what should you do?**

- Student should stay home until they are symptom free
  - Contact the school and let us know
  - Connect with the classroom teachers and let them know, especially if the student is going to be away for more than 1 day
  - Have your student check the google classrooms for learning they can do at home
  - Call 811 if you need medical advice
  - Follow Fraser Health Guidelines
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### **PAC meeting**

The Seaquam PAC will be meeting on Monday, November 21 in the Theatre. There will be a vote that evening on the Gaming Grant school/club applications.

### **International Baccalaureate Program at Seaquam**

The IB Diploma Programme at Seaquam is starting the application process for September 2024 entry into the Diploma Programme. Students must enter the Diploma Programme in the grade 11 year so we are currently hosting information meetings for both students and parents of current grade 10 students. All application information will be posted to the Seaquam IB website AFTER the parent meeting ([www.seaquamib.com](http://www.seaquamib.com)). The initial student meeting will be held in the Library during Seaquam's flex time on November 24<sup>th</sup> starting at 9:40am. Please sign up for Mr. Wong's flex. A follow up parent meeting will be held on November 30<sup>th</sup> at 6pm in the Seaquam Library. Parents from all schools are welcome to attend. The application deadline is February 6, 2023. Applications that come in after the deadline will be waitlisted based on space available.

### **Wifi settings**

For those students who have upgraded to OS 16 you might not be able to connect to the Wifi at Seaquam. This is because there is a privacy setting in the new OS 16 that defaults you to "Private Wifi Address" on. Here is how to fix it:

- 1) Open settings
- 2) Click on Wifi
- 3) Click on the "i" beside SD37-Open
- 4) Scroll down to "Private Wifi" Address and turn it off.

This should allow you to connect or at least speed up your connection.

### **The Premiere Music Concert**

Thursday November 24, Seaquam will be holding our first full concert of the year, the Premiere Music Concert. The performances at this concert showcase what students have learned in the first term of school.

The concert begins at 7pm in the theatre and will feature our whole Music program: Wind Ensemble, Concert Band, Jazz Band, Choir, and IB Music Ensemble.

At this concert, admission by donations of \$5 will go towards the Music Program and we will have a concession stand of popcorn, pop, and water including a 50/50 raffle draw.

We look forward to seeing you there!  
Ms. Chan

### **Athletics Schedule: November 21 - 25**

#### **Senior Boys Soccer**

Thursday Nov 24	9 am	Field - BLW1
Thursday, Nov 24	12:45 pm	Field - BLW1
Friday, Nov 25	11:00 am	Field - BLW4
Friday, Nov 25	2:30 pm	Field - TBD First Playoff Game
Saturday, Nov	9 am and 11 am	- Play off games

<https://bcsssc-com.webs.com/aaa-provincial-championships>

For information about Basketball Tryouts please go to: <https://sites.google.com/view/seaquam-athletics/home>

### **Boutique Day**

Boutique Day is back and better than ever! In addition to picking out a suit/dress and accessories, grads will have the opportunity to have their hair/makeup done and then pose in all their finery for complimentary photos by Artona. We are also excited to be in our new space at the old Army & Navy store on Columbia Street in New Westminster. It is easily accessible by transit with a SkyTrain station across the street. The way to access this is to see or email Ms. Gehiere or Ms. Costin and get a referral. This is open to all genders.

Date: Sunday, March 5, 2023

Location: 502 Columbia Street, New Westminster, BC (Former Army & Navy)

TIME: Students will receive their appointment times closer to the event. Appointment times will be between 10:00 a.m. and 3:00 p.m.

\*\*Students may bring only ONE guest with them. We encourage students to bring an adult versus a friend with them as each grad only has an allotted time at the event and cannot stay past that window. Counsellors/staff are always welcome to come with students and we encourage you to stop by our event on Boutique Day and check it out!

### **Parent Opportunities**

ERASE - Student Sessions with Parents (after school hours) - Social Media Awareness - Social Media Awareness, Digital Footprints and Cyberbullying.

- November 30, 2022 6:30pm to 7:30pm [Free Registration](#)

Parenting is hard, and the rapid rise of technology and social media use in the lives of their kids makes it harder. To help, we're extending complimentary access to download "[Raising Digitally Responsible Youth: a Parent/Guardian Guide](#)" from [Safer Schools](#). The guide was designed to help introduce Parents and Caregivers to leading social media platforms, video games, and relevant trends that are either being used already or have the potential to be used by their children. This guide is full of tips, how-to's and definitions for the most widely used apps – including TikTok, Snapchat, Instagram and more. Best of all – it's complimentary, and you can share it with every parent in your community.

Stigma Free Society - Student Mental Health Toolkit

The Student Mental Health Toolkit is a helpful platform for school staff and parents/guardians to educate and support young people with their mental wellness. Our Toolkit provides a wide variety of resources for individuals to enhance their mental health journeys and better understand the realm of wellbeing. Our Toolkit and Lesson Plans align with BC school curriculum guidelines. Our lesson plans cover topics about mental health, stigma and inclusion. We also have a section that provides fun student activities, such as conversation cards for Real Talk about mental health, stigma-free tool and a mental health true or false quiz. The downloadable resources and lesson plans are designed for grades 4 through 7 and 8 through 12. To find out more information, please visit the website <https://studentmentalhealthtoolkit.com>

### **Japan-Seaquam Exchange is BACK! Interested?**

Seaquam will be taking a lucky group of 16 students to Japan to live the life of a student and tour Tokyo for a week in July 2023 and host their own student buddy from Japan in February 2023! Interested and want to find out more? We are currently accepting applications for interested Seaquam students/families from Grades 9-12 – no need to commit nor pay anything at this time. Apply at <https://forms.gle/jims1Ko4LVWwm2dX9> – deadline November 25 (Friday). Download our brochure on our Seaquam website. Questions or like more info? Feel free to contact Toby Mundy [tmundy@deltaschools.ca](mailto:tmundy@deltaschools.ca) or Wendy Yamazaki [wamazaki@deltaschools.ca](mailto:wamazaki@deltaschools.ca)

### **Food Bank Drive**

Solutions Society is proud to announce that we are starting our annual food drive! We are hoping for non-perishable food items, baby items, and money donations. All donations will be passed to the Surrey Food Bank and given to families-in-need located in both Surrey and North Delta. Labelled boxes can be found in your Block A classrooms starting November 7th and cash donations can be given during lunch in the cafeteria. This campaign will end on November 18th and remember, every cent helps!

Families, if you can help with this it would be appreciated.

### **Families and students in financial need**

We realize that sometimes families struggle financially. The BC Government has created a Student and Family Affordability Fund and will be providing schools funds for this school year only to help students and families with school fees, school supplies, food security, and assorted other things. Please contact your child's counsellor or administrator if your family requires financial support. Discretion is paramount.

### **Girls Interested in Trades: Nov 29, 8:30am-3:30pm - BCIT Burnaby Campus**

BCIT is hosting an event on Nov 29 for inspiring young women in grades 9-12 to pursue education and careers in the skilled trades and/or technology! This day-long event will be led by female mentors to help young women develop a better understanding of the potential of skilled trades careers. Hands-on-in-the-shop activities, seminars, and industry connections.

Contact [witt@bcit.ca](mailto:witt@bcit.ca) for more info!

### **Student Opportunity**

Delta School District with partnership with the Delta Fire Department (DFD) is creating an amazing opportunity for our students in grades 10 to 12 to earn four graduation credits for training with the members of the DFD. The Junior Firefighting Program will give the applicants a true understanding of the basic components, both physical and educational, of Delta Fire/Rescue's basic training for new recruits. The educational component will test the applicant's knowledge learned in the classroom of firefighting equipment, fire behaviour, the fire tetrahedron and the products of combustion, to name a few. The practical component of the program will test the applicant's strength, endurance and teamwork skills. Some of these are: dragging charged hose lines, carrying ladders in a group, climbing the four-story hose tower and cutting up cars in teams using the "Jaws of Life".

See or contact Mr. Nikic for more information on the application process for the Firefighting Camp! All applications are due December 15, 2022.

Applications are open for the Youth Empowered Speakers (YES) Program at First Peoples' Cultural Council. Applications will close on January 16th, 2023.

This program is for BC First Nations youth aged 18-30 and offers:

- Funding for youth to learn their language with a mentor using the Mentor-Apprentice model
- A paid internship for language work in community
- Post-secondary tuition and living expenses for full-time students

Note: youth are eligible regardless of where they live in the province.

There will be an information webinar happening in November – please sign up for FPCC's newsletter to ensure you receive this information: <https://fpcc.ca/signup/>

Interested youth can apply at [https://fpcc.smartsimple.ca/s\\_Login.jsp](https://fpcc.smartsimple.ca/s_Login.jsp)

The website is <https://fpcc.ca/program/yes/>

If you have questions, please email [yes@fpcc.ca](mailto:yes@fpcc.ca)

### **Calendar events**

Nov 22	Grads v Staff – Indoor Hockey
Nov 24	MidTerm report cards posted, Premier Music Concert
Nov 28	Pro D Day
Nov 30	Grade 10 IB Parent Meeting
Dec 7	Collab Day
Dec 12	Fire Drill
Dec 12	Winter Scholarship Music Concert
Dec 13	Grad Games - Volleyball
Dec 16	Last day of classes before Winter Break
Jan 3	Tuesday, First day back after Winter Break

Sincerely,

Mark Robinson, Principal    Ian Close, Vice Principal    Vlad Nikic, Vice Principal