



October 6, 2023

Dear Families and Students,

Another short week full of fun, athletics and learning.

The Student Council held a clubs morning on Wednesday. It was very well attended. If you want to know more about clubs, please check out the clubs page to see which ones are running this year. The name of the staff sponsor is beside the name of the club. For more information please connect with the staff sponsor.

Last night the Grads took part in the first of the major events of the year. They cruised around English Bay and False Creek for three hours. Grads looked awesome and the dancing was amazing. What an incredible night – the sunset was amazing.

Athletics – The senior boys football team is playing tonight at 7pm at John Oliver field. Come out and cheer them on. The Seaquam Cheerleaders will also be there. Senior girls volleyball are in a tournament this weekend and all week other volleyball teams have been playing. GO Seahawks!

On Tuesday the Concert Band, Jazz Band, Choir, Wind Ensemble all performed at the Squeak & Squawk/Chantalez Nouveaux Concert. It was well attended and the performances were great. The Musical Theatre classes attended Little Shop of Horrors at the Stanley theatre on Wednesday. By all accounts the students loved it.

Don't forget Monday is Thanksgiving and the school is closed. School Fees and deposits will be processed and attached to student accounts early next week. Also, Parent Teacher Interviews will be on Thursday, October 19. There will be more information coming to families this week.

Enjoy the sunny weekend and see everyone next week.

All the best

Grad Information

There will be a parent meeting about post-secondary options and other items related to Graduation on Thursday, October 12 at 6:30 pm in the Theatre.

Parents, want to get involved in Dry Grad? There will be a meeting on Monday, October 23 at 6:30 pm in the Library. Please come out.

Information About Fees and Deposits

School fees and deposits have now been attached to students' accounts. They can be paid directly on Parent Connect or at the office. For more information about how to use the online payment check the email that will be sent to you early next week.

The Delta School District believes in the provision of a broad general education, containing options for student needs and interests, combined with a common core of learning. In accordance with the Delta District Policy, Seaquam provides an education program free of charge to our students, but may also charge fees and deposits for some goods and services as reasonable and consistent with legislated requirements. For example, student fees or deposits may be charged for:

- Goods intended for students to take home for personal use or as a gift (e.g. a desk made in Woodwork class)
- Goods such as writing tools, calculators, student planners, exercise books or other supplies and equipment for a student's personal use
- Activities such as field trips, special events, and extra-curricular activities, where the fees are limited to defraying actual costs of transportation, accommodation, meals, admission and equipment rentals
- Rental fees for musical instruments
- Deposits for educational resource materials such as textbooks, reusable workbooks and novels, with the deposit being refunded in whole or in part upon return of the materials. (i.e. if a supplemental workbook is not marked or damaged it may be returned for a deposit refund)
- Goods and materials which provide students with the opportunity to experience or create a more enriching, or augmented project or activity

<https://se.deltasd.bc.ca/wp-content/uploads/sites/36/2022/10/Accessing-Student-Fees-through-Parent-Connect-2.pdf>

Athletics

Athletics published its first newsletter of the year. It was emailed to students and families on Wednesday this week. Please read it. If you cannot find it, please check out the Seaquam athletics web site or the Seaquam web site. www.seaquamseahawks.com.

Careers information: Options and Opportunities

Check out the newsletter published by the Careers department of the Delta School District. Lots of good opportunities for students in Trades and other careers. <https://deltalearns.ca/careers/>

Highlights in this October edition:

- a. Junior Firefighting Camp Academy – Apply before November 17, 2023
- b. Take our Kids to Work Day – November 1, 2023
- c. ChatCPT & Resume Building – Article

Take Our Kids to Work Day

Wednesday, November 1, 2023

Take Our Kids to Work™ is an annual national program in which Grade 9 students are hosted by parents, friends, relatives and volunteers at workplaces across the country every November. The program supports career development by helping students connect school, the world of work, and their own futures. It is an opportunity for students to explore career options, through:

- Understanding the importance of staying in school by learning first-hand what skills are required in today's workplace
- Thinking about what aspects of their "work day" they liked and what they didn't
- Exploring career options in a practical way and gain a better understanding of just how many career choices are open to them
- By spending a day in the life of a working adult, they develop an appreciation of their parents' work and motivations

The more students understand about the jobs of their parents and relatives, the more informed the decisions about their own future career. For more information, please visit

<https://www.studentscommission.ca/en/take-our-kids-to-work>

Please visit the school website, Ms. Deol's Career Ed 9 Classroom or refer to the email sent on October 4, 2023 for a copy of the permission form.

Cafeteria

Oct.9-13.23	Seaquam Café Menu				
	Monday	Tuesday	Wednesday	Thursday	Friday
Special #1	STAT	Chicken Strips & Fries	Roasted Red Pepper	Crispy Fish Tacos	Beef or Vegetarian
	Holiday	Honey Mustard Sauce	Penne Pasta		Lasagna
Special #2	STAT	Spaghetti & Meat Sauce	Chilli Cheese	BBQ Chicken	Pepperoni & Cheese
	Holiday	Garlic Bread	Tots	Stuffed Potato	Pizza Pockets
Special #3	STAT	Beef & Cheese Melt	Crispy Pork Sandwich	Mexican Beef	Pork Schnitzel
	Holiday			Taco Salad Bowl	

Parent Workshops

Virtual Event: **Working Together: Families and Schools**

Description: When our kids struggle with their mental health, challenges can often have a great impact on their school experience. As parents, how do we take that first step and let

the school know what is going on with our family? What are the supportive options available to my child? It can be hard to know where to begin and we may worry we will be judged for the difficulties our child is facing. Join us to watch a video which includes how a strength-based perspective can help us collaborate.

Registration: FamilySmart - Events <https://familysmart.ca/monthly-events/>

Dates:

October 11th 6pm-7:30pm
October 12th 12pm-1:30pm
October 17th 6:30pm-8pm
October 26th 6pm-7:30pm

Virtual Event: **Emotion Regulation**

Description: Join us in watching a video conversation with Nicole Allen, Clinical Counsellor at Fraser Health's START Program. Nicole offers support to parents and caregivers with information and strategies to cope with emotion dysregulation and the challenges which many young people begin to experience as they enter and move through the adolescent years.

Registration: FamilySmart - Events <https://familysmart.ca/monthly-events/>

Dates:

November 8th 6pm-7:30pm
November 14th 6:30pm-8pm
November 16th 12pm-1:30pm
November 21st 6pm-7:30pm
November 23rd 6:30pm-8pm

Virtual Event: ADHD - **The Real Deal**

Description: Join us in watching a video by Dr. Duncan, who will dispel the many myths surrounding ADHD by presenting scientific facts about cause, prevalence, diagnosis, and treatment. He will explain how and why the ADHD brain works the way it does.

Registration: FamilySmart - Events <https://familysmart.ca/monthly-events/>

Dates:

December 5th 6:30pm-8pm
December 6th 6pm-7:30pm
December 7th 12pm-1:30pm
December 12th 6:30pm-8pm
December 14th 6pm-7:30pm

Virtual Event: **Help for the Hard Times Workshop Open House for Professionals**

Description: The Help for the Hard Times Workshop series provides a framework for parents/caregivers to consider as they support their child after a crisis. Join this information session to learn more about Help for the Hard Times, and how you, as a Service Provider, Educator, Police and RCMP can help connect families to this free workshop.

Registration: FamilySmart - Events <https://familysmart.ca/monthly-events/>

Dates:

October 11th 12pm-1pm
November 8th 12pm-1pm
December 13th 12pm-1pm

Families and students in financial need

We realize that sometimes families struggle financially. The BC Government has created a new fund called Feeding Futures. The monies that schools will receive will go directly towards feeding students at school and outside of school. We do not have all the details yet or the parameters of what we can use the money for, but we are eager to find out and support students and families. This new fund replaces the Student and Family Affordability Fund which was a one-year pilot. Please contact your child's counselor or administrator if your family requires financial support in relation to food security. Discretion will always be maintained.

The school does put aside some monies to help with other financial needs of families. Please reach out to me if you need some help.

Calendar events

October

- 9 Thanksgiving
- 12 Grade 12 Parent Night, 6:30 pm
- 19 PTIs and early dismissal
- 20 Pro D day
- 30 PAC Meeting

November

- 1 Take Our Kids to Work Day
- 1 Musqueam Day
- 2 Lit 12 Assessment
- 8 Indigenous Remembrance Day
- 9 Remembrance Day Assembly
- 10 District Closure Day
- 12 Diwali
- 13 School Closure – Remembrance Day In Lieu

Sincerely,

Mark Robinson, Principal Ian Close, Vice Principal Maggie Callander, Vice Principal