



January 26, 2024

Dear Families and Students,

I can't believe that we are almost done with January. This month has flown by. This week the school band went and visited our four feeder schools. They performed and also showed off instruments and how to play them. On Wednesday night we hosted Grade 7 families and students for a family information night about course selection for next year. We had over 250 people there. It was a great night.

This weekend Seaquam is hosting two tournaments: Junior Robotics and Senior Girls Basketball. Basketball is Friday and Saturday. Robotics is on Saturday and Sunday in the cafeteria. Come on by and support the teams.

Next week we are having a Lockdown DRILL on Tuesday, January 30. It will occur sometime during the school day. We are working with our Police and District partners to practice a Lockdown. Drills are very important for schools to practice so that we can make sure all our procedures are in place and students know what to do and what is expected of them. Mr. Close has sent home some information for families via email. We are have teachers go through a presentation with students on Monday so that they ready to go for Tuesday. Remember this is a DRILL.

Take care

PAC Meeting

The Seaquam PAC is meeting on Monday, January 29 at 6:30 in the Library. All Parents are welcome.

Grad Information

Grad Photos

Here is a link to book Grad Photos. They will be taken here at Seaquam. Dates are at the start of March. Book Early for the best time slots.

<https://artona.com/schools/SEAQ/programs/graduation>

Cafeteria Menu

Jan.29-Feb.2.24					
Seaquam Café Menu					
	Monday	Tuesday	Wednesday	Thursday	Friday

Special #1	Spaghetti Bolognaise	Potato & Cheese Perogies	Breakfast Burrito Oven-Baked Hashbrowns	Pulled Pork Sandwich Creamy Coleslaw	Chilli Cheese Dog
Special #2	Cheeseburgers & Fries	Buffalo Chicken Wrap	Chicken Souvlaki Rice Bowl	Taco Salad Beef or Vegetarian	Hawaiian Pizza Veggie Pizza
Special #3	Teriyaki Chicken Steamed Jasmine Rice	Pork Schnitzel	Grilled Cheese & Tomato Soup	Coconut Pork Curry	Thai Chicken Noodle Salad

Career Newsletter

Here is the January Career Newsletter <https://deltalearns.ca/careers/newsletters/>

Highlights in this edition:

1. [Parents as Career Coach](#) – North Delta Secondary on Jan 17, 2024 at 7:00pm. Discover high school career program opportunities and learn how you can support your student on their future career journey.
2. [EducationPlannerBC](#) – Online session Feb 7, 2024 at 6:30pm for post secondary programs, admission requirements, and application dates.

Families Support

Gang Reduction Through Informed Practice (GRIP)
Current Gang Dynamics: Social Media Analysis & Trends

In this complimentary session, we will discuss gang-associated behavior within the expansive landscape of social media trends. We will analyze perspectives across North America regarding a range of gang activities and the interconnections among different gangs. Attendees will gain valuable insights into the most recent trends utilized by various gangs on the most commonly used social media platforms.

Join us on February 2, 2024

Location: Livestreamed to your location (via Zoom)* Time: 1:00 p.m.-2:00 p.m. - Pacific Standard Time

Training topics include:

- A discussion on gang activities with a focus on their interconnected nature in the North American context
- Updates to trends on social media platforms commonly used by gangs for communication and how to identify gang-associated behaviors within these platforms

- An outline of coded language and emoticons used by gangs in their online interactions
- An overview of the various tactics and strategies utilized by gangs to recruit today's youth through social media channels
- How to identify trends related to firearm/drug trafficking and understand how these activities evolve within the realm of social media

Register: https://pages.saferschoolstogether.com/grip-trends-registration-form-january-2024?utm_campaign=Lead%20Capture%202023%2F24&utm_medium=email&hsmi=290385000&hsenc=p2ANqtz-99sn2tG3Ai391rxU2Hvp2gehWY4AbQMcbVpPGGc2Q3zwZUHPHTwN-K6JCr7plRd7XDM2fGxnnwtcghqYzWjl6dnpxA&utm_content=290384489&utm_source=hs_email

INTENTIONAL PARENTING with Dr. Catalina Zilveti from Alongside You

A 75-minute online seminar: 60 min presentation with 15 min for Q&A where we will explore the following:

- What is intentional parenting?
- Why we parent the way we do
- Styles of parenting and how these can impact our children
- Why we parent the way we do: Family patterns and how we repeat them unintentionally
- Choosing how to parent our children

To Register for Intentional Parenting online session with Dr. Zilveti:

<https://alongsideyou.zoom.us/meeting/register/tZEscuysqDgoHNN1SXmwDxaaNQwzU9om26o7#/registration>

Calendar events

January

29 PAC meeting
30 Lock Down Drill

February

1 Choral Celebration
5 IB Applications due
10 Lunar New Year
16 Pro D Day
19 Family Day
26 PAC meeting
27 Grade 9 immunization
28 Pink Shirt Day

Sincerely,

Mark Robinson, Principal Ian Close, Vice Principal Maggie Callander, Vice Principal