



Grade 8 Orientation and Opening Week Information

Dear Families of Grade 8 Students,

Welcome to Seaquam Secondary! We are delighted to welcome you to our vibrant school community as you begin an exciting new chapter in your educational journey. Grade 8 marks a time of new beginnings, fresh opportunities, and personal growth—and we are here to support you every step of the way.

This guide is designed to help you prepare for orientation and your first days at Seaquam. From exploring our campus during the Open House to meeting our dedicated staff and learning about student life, we've got everything covered. Our goal is to help you feel confident, connected, and ready to thrive.

Whether you're feeling excited, nervous, or a little bit of both, please know that you are not alone. Seaquam is a place where every student is valued, and every voice matters. We look forward to seeing the amazing things you will accomplish in the years ahead.

Sincerely,

The Administrative Team

Vice Principal Rebeca Rubio (Grades 8 & 10)
Vice Principal Mike Annadale (Grades 9 & 11)
Principal Kenneth Headley (Grade 12)

Grade 8 Open House (Optional)

Date: Thursday August 28, 2025

Time: 11:00am to 2:00pm

The school will be open Thursday Aug 28, from 11am-2pm for the 8's to come in and look around. There will be some leadership students available at the front of the school who will have the Grade 8 schedules. Grade 8's can pick up their schedules at this time and take a tour around the school to find their classes. Grade 8's are welcome to walk around on their own or in small groups. Please remember that teachers will be preparing for the school year so please do your best to avoid being too disruptive. This is very informal and optional.

First Day of School

Date: September 2nd, 2025

We have lots of activities planned for the first week of school, but for now this is what you need to know.

- Grade 8 Assembly at 1:00pm to 1:30pm in Theatre
 - Grade 8 Homeroom and Photos 1:35pm to 2:30pm
 - Grade 8 Group Photo in the main gym at 2:45pm
-
-

Second Day of School

Date: Wednesday Sept 3, 2025

Following our Collaboration schedule, classes begin at 9:30. There will be a scavenger hunt for the grade 8's from 8:30-9:30. Please meet in the cafeteria if you would like to join in! There will be more fun activities throughout the week and later into the month of September. There will be more information to follow.

Locks and Lockers

Please do not buy a lock for your student, one will be provided, and a fee applied to your student's fee account. Lockers and locks will be near their block A class and given out on Wednesday, September 3rd, if a student wants one. We recommend that families in Grade 8 not buy a lock out in the community. Sometimes the quality of those locks is suspect. We provide a very high-quality lock and guarantee it will work for the whole time the student is with us at Seaquam – we will replace it if it breaks.

School Supplies and PHE clothes

We do not provide a basic school supply list. Each teacher will give students instructions on what they need to have for their specific classes. What you should have for Wednesday, September 3rd is at least the following:

- School Bag/Backpack
- 2 binders (one for each day)
- Dividers
- Some lined paper
- Pens, Pencils, and Erasers
- A Calculator
- PHE class will begin right away so students need to have a change of clothes for PE – shirt, shorts/sweatpants, and toiletries (Deodorant, etc.).

Counsellors and Vice Principal

The Grade 8 Vice Principal is Ms. Rebeca Rubio (rrubio@deltaschools.ca). Ms. Rubio is starting her first year with us. She is student-centered, caring, compassionate and friendly. Make sure you introduce yourself to her in the hallways when you see her around.

Last name starting with

A – D	Mr. M. Arends (marends@deltaschools.ca)
E – La	Ms. M. Costin (msalmon@deltaschools.ca)
Le – Sam	Mr. H. Mian (hmian@deltaschools.ca)
San – Z	Ms. D. Takkale (dtakkale@deltaschools.ca)

Youth Care Workers

Teks Tamuno (ttamuno@deltaschools.ca)

Roy Campbell (rcampbell@deltaschools.ca)

Flex Time: Own Your Learning and Maximize Time Management

Flex Time acknowledges that students lead busy lives and navigate competing demands for their time in and outside of school. Flex Time provides students the opportunity to self-direct and engage in their own learning.

While some school-wide initiatives might occur during Flex Time, teachers will not be teaching new course material. Teachers will be accessible to students for additional help and guidance on current and ongoing learning. As this is school instructional time, students are expected to be in a classroom for the entire Flex Time period and attendance is taken.

What are the benefits of Flex Time?

Flex time provides the opportunity to do the following:

- complete assignments
- practice presentations
- study for tests and quizzes
- receive help from a teacher
- reduce homework
- collaborate with classmates on group assignments
- meet with a counsellor, youth worker or administrator

Where do students go during Flex Time?

- Students are expected to be in one of their current teacher's classrooms.
- Students may also schedule an appointment in advance with a counsellor, youth worker, career advisor or administrator.
- Students may attend Learning Services support.

How do students sign up for a Flex class?

- Students sign up for Flex classes using Student Connect.
- Students should plan their Flex schedule well in advance of the day of a class.
- Signing up in advance avoids classes being full and unavailable.
- Students will be guided through signing up for Flex Time in the first month of school.

Is attendance taken during Flex Time?

Yes, attendance is taken. Students who do not sign up for Flex classes or do not attend the Flex classes they sign up for will be marked absent. Absences from Flex time will be recorded and viewable on Student and Parent Connect.

How can parents help?

Parents can support their children in making effective use of Flex Time by assisting them in planning their Flex schedule in advance. Weekly, parents should discuss with their student where they are going for daily Flex and what their needs are. Parents should encourage their children to sign up for Flex classes in which they would benefit from assistance from a teacher, additional time to complete assignments and/or prepare for upcoming assessments. Parents can view student Flex history in Parent Connect.

Flex Time Schedule

Flex times will occur Monday, Tuesday, Thursday and Fridays between period 1 and 2. Each Flex block will be 35 minutes in length. You will see it in Parent Connect as FX block.